

Emotionally Focused Therapy Courses in Britain 2021

Run by Sandra Taylor & Helene Igwebuike, ICEEFT Certified EFT Trainers

Endorsed by ICEEFT and supported by the British EFT Centre

EFT, developed by Dr Sue Johnson, EFT can transform the way you work with couples, individuals and families and strengthen relationships in your own life. It is a humanistic-systemic therapy model that is attachment driven. Training will involve immersion into the science and power of attachment, emotion and relatedness that can shift the way you understand couples in distress.

Externship in Emotionally Focused Therapy 2021

The four day foundation training in EFT. There will be 3 in 2021:

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|----------|------|-------------------------------------|------------|
| January | 2021 | 18 th – 21 st | London |
| May | 2021 | 24 th – 27 th | Manchester |
| November | 2021 | 15 th – 18 th | London |

Core Skills in Emotionally Focused Therapy – starting 2021

The next level of EFT training where you deepen your understanding and hone your EFT skills. The course is run as 4 x 2 day modules.

| | London | Manchester |
|----------|------------------|----------------|
| Module 1 | April 19-20 2021 | Oct 11-12 2021 |
| Module 2 | June 28-29 2021 | Jan 2022 |
| Module 3 | Sept 13-14 2021 | March 2022 |
| Module 4 | Dec 2021 | June 2022 |

For more information please email:

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Core Skills: Helene Igwebuike helenaiwebuike@hotmail.com

Manchester courses: Sarah McConnell sarahmconn@gmail.com

You can also find information on these and other EFT trainings on the British EFT Centre website <https://www.beftcentre.org/britain-based-eft-training.html> and here: www.acreefttraining.com